## Los Angeles County Fire Department



TUESDAY, JUNE 4, 2013 10:00AM - 12:00PM

## SIDEWALK CPR TRAINING

Anyone can learn CPR and everyone should!

Can you spare 10 minutes to learn how to save someone's life? Since 88% of cardiac arrests occur at home, the life you save with CPR is likely to be someone you know and love. Bystander CPR (hands only) provided immediately after sudden cardiac arrest can up to triple a victim's chance of survival, yet only 32% of cardiac arrest victims get CPR from a bystander. Many are concerned they might do something wrong, but the only way to make things worse is to do nothing at all.

Nearly 383,000 out-of-hospital sudden cardiac arrests occur annually

88 percent of cardiac arrests occur at home

Many victims
appear healthy
with no known
heart disease or
other risk factors

FOR MORE INFORMATION CONTACT:

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